

Special Ingredient Fudge

1 (15 oz.) can pinto beans, rinsed and drained
1 cup cocoa powder
2/3 cup butter, softened
1 Tablespoon vanilla
4 cups powdered sugar
1 bag chopped walnuts (optional)

Put beans in a blender or mixer and puree. Add cocoa, butter and vanilla. Mix. Add powdered sugar and beat three minutes or until thoroughly mixed. Add nuts if desired. Spread into greased 9" x 13" pan. Makes 28 2" squares.

Nutrition Information:

Per serving: 144.1 calories; 5.1 grams of fat; 1.9 g protein; 23.1 g carbohydrate; 12 mg cholesterol; 48 mg sodium

*Recipe from the Idaho Bean Commission

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